# **Diabetichron**®

# **PRODUCT INFORMATION**

Diabetichron<sup>®</sup> is a chronobiological composition of micronutrients to supplement all the vital substances that are nutritionally lacking or that are increasingly needed due to certain lifestyles in order to support a normal blood sugar level.

## **Basics:**

Disorders in the sugar metabolism are still to be described as a widespread disease. A wide range of effective micronutrients and trace elements from the diet can help support balanced sugar metabolism in many ways.

#### These include the following:

**Banaba:** Extracts from the leaves of this tree, which belongs to the loosestrife family, can help facilitate the flow of sugar from the bloodstream into the cells. Plant substances such as bitter melon and **Gymnema Sylvestre**, on the other hand, can help reduce the absorption of sugar molecules from the intestine.

**Blueberries:** These berries contain special pigments called anthocyanins, which among other things act as cell protection. At the same time, the fruit can help lower blood sugar. Anthocyanins can also help support normal vision.

**Biotin** plays a special role in supporting metabolic processes, including fatty acid metabolism. Foods such as liver, egg yolk, oatmeal, wheat germ, nuts, mushrooms and soybeans are rich in this nutrient.

**Fenugreek seeds:** This is one of the most interesting medicinal plants in Europe, a plant species in the butterfly family subfamily. Among other things, fenugreek has a positive effect on blood sugar levels by increasing sugar utilisation.

Other nutrients to promote normal sugar metabolism include vitamins, certain minerals, alpha lipoic acid and L-carnitine.

If the absorption of these nutrients through the diet is not sufficient or there is an increased need, these nutrients can be supplemented with special dietary supplements. Some of these nutrients are better absorbed in the morning and activate the body, while others are better absorbed in the evening and support regeneration. Chronobiologically oriented products take this into account accordingly.

## Ingredients:

AM capsule (morning)	per capsule	daily dose
Banaba leaf extract (Lagerstroemia speciosa)	12 mg	24 mg
Chromium (as chromium polynicotinate)	100 mcg	200 mcg
Gymnema sylvestre leaf extract	150 mg	300 mg
Bitter melon fruit extract	75 mg	150 mg
Vitamin C	125 mg	250 mg
N-acetyl cysteine	75 mg	150 mg
Vitamin E (as D-alpha tocopheryl acid succina	ate) 18 mg	36 mg
Fenugreek seed extract	37,5 mg	75 mg
Bilberry fruit extract	12,5 mg	25 mg
Alpha lipoic acid	50 mg	100 mg
Coral Calcium®	12,5 mg	25 mg
Bioperine®	1,25 mg	2,5 mg

### Other ingredients:

Tricalcium Phosphate, Magnesium Stearate, SiO<sub>2</sub>, Rice Flour.

PM capsule (evening)	per capsule	daily dose
L-carnitine	35 mg	70 mg
Enzyme complex (amylase, cellulase, lipase, protease)	12,5 mg	25 mg
Biotin	150 mcg	300 mcg
Magnesium (Mg)	125 mg	250 mg
Alpha lipoic acid	100 mg	200 mg
Coral Calcium®	12,5 mg	25 mg
Bioperine®	1,25 mg	2,5 mg

#### Other ingredients:

Rice Flour, Stearic Acid, Magnesium Stearate, SiO<sub>2</sub>.

## **Recommended consumption:**

In normal cases take 2 capsules AM (yellow) in the morning and 2 capsules PM (blue) in the evening with plenty of fluid.

## Notes:

Food supplements are not intended as a substitute for a balanced and varied diet and a healthy lifestyle. Do not exceed the recommended daily intake. Keep out of the reach of children. Store protected from light and dry at room temperature.

The published information is not a cure and is not intended as a request or suggestion for selfmedication.

Although some of the above statements on individual micronutrients are derived from scientific studies, they have been categorised as "not yet sufficiently proven" by official authorities such as the European Food Safety Authority (EFSA), meaning that no positive effect can be confirmed.

The product described herein has not been conclusively evaluated by the Food and Drug Administration (FDA; USA) or the European Food Safety Authority (EFSA; Europe). This product is not intended to diagnose, treat, cure or prevent any disease. Errors and typographical errors excepted. VBX-1-24.

Manufacturer



by LHP Inc. www.vitabasix.com | info@vitabasix.com