

Contains saw palmetto, which can help to positively influence the prostate and urinary function in men. It can improve bladder emptying, promote normal urine flow and reduce the urge to urinate at night.

Basics:

The prostate gland is a small, walnut-sized male organ that surrounds the urethra, which carries urine out of the bladder. The prostate's main function is to secrete a fluid that makes up 10 to 30 per cent of seminal fluid. The tasks of the prostate require a harmonious interaction of various hormones from the testis, the pituitary gland and the adrenal gland. Overstimulation of the prostate is considered to trigger cell proliferation and thus enlargement of the prostate. With age, the prostate is more susceptible to such changes. However, most men do not experience symptoms until they are in their 60s or 70s, as the urinary tract and sexual function of the man are negatively affected, among other things.

It is known that certain naturally occurring nutrients can reduce the various symptoms associated with prostate changes. A dozen medicinal plants have already been identified that have beneficial effects on the prostate. One of these is the saw palmetto. Native to the southeastern states of the USA, saw palmetto is a versatile plant that gets its name from its saw-like, serrated leaves that resemble those of a palm tree. North American Indians in particular discovered that eating the berries of the saw palmetto, which are mainly used as cattle feed, can have positive effects on the prostate, urinary and sexual function in men. For many years, Western naturopathy has also believed in protective effects for the prostate through selected plant substances. The positive effects of these plants are mainly due to the oils, polysaccharides, phytosterols, flavonoids and carotenoids they contain. Phytosterols can, among other things, have a cell-protective effect and support a balanced hormone balance in men, as well as alleviate complaints associated with changes in the prostate.

Saw palmetto extracts are considered to be well tolerated and have virtually no side effects worth mentioning. They can help to support normal functioning of the male urinary organs, promote normal sexual function and have a favourable influence on hormone balance.

If the absorption of these nutrients through the diet is not sufficient or there is an increased need, these nutrients can be supplemented through special food supplements.

Ingredients:

One capsule contains:

500 mg Saw Palmetto Extract

Other ingredients:

Magnesium Stearate

The product is vegetarian, gluten-free, lactose-free, not genetically modified.
Capsule shell vegetarian.

Recommended consumption:

In normal cases take 1-2 capsules 1-3 times a day with plenty of fluid.

Notes:

Food supplements are not intended as a substitute for a balanced and varied diet and a healthy lifestyle. Do not exceed the recommended daily intake. Keep out of the reach of children. Store protected from light and dry at room temperature.

The published information is not a cure and is not intended as a request or suggestion for selfmedication. Although some of the above statements on individual micronutrients are derived from scientific studies, they have been categorised as "not yet sufficiently proven" by official authorities such as the European Food Safety Authority (EFSA), meaning that no positive effect can be confirmed.

The product described here has not been conclusively evaluated by the Food and Drug Administration (FDA; USA) or the European Food Safety Authority (EFSA; Europe). This product is not intended to diagnose, treat, cure or prevent any disease.

Errors and typographical errors excepted. VBX-1-24

Manufacturer



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