

A balanced, low-calorie and high-fibre diet is the most important prerequisite for good well-being. Seroslim® can promote metabolism and fat burning and support a normal appetite.

Basics:

Seroslim® contains **Griffonia Simplicifolia** together with a balanced combination of plant extracts, vitamins and trace elements that act at different levels and can help to maintain a normal weight. Plant extracts from coffee beans (caffeine) and guarana can help to increase energy levels. The increase in energy expenditure enables an increased need for vitamins, some of which (vitamin C, B1 and B6) are also contained in Seroslim®.

Our nerve cells produce serotonin (5-HT = 5-hydroxytryptophan) in a two-stage process, starting with the amino acid tryptophan, which enters the body through food. In the nerve cells, the tryptophan is then converted into 5-hydroxytryptophan and then into 5-HT (serotonin). Serotonin itself cannot be absorbed in significant quantities through food as it is broken down in the intestine. Serotonin (5-HT) was discovered 50 years ago and only later identified as a neurotransmitter of the central nervous system.

It is an important neurotransmitter in the brain that is associated with feelings of pleasure, among other things. As the serotonin level in the blood rises soon after eating carbohydrate-rich food, the almost addictive craving for something sweet is quite understandable in the case of serotonin deficiency.

Chromium, which is also contained in Seroslim®, can help the body to keep blood sugar levels within the normal range and contribute to the maintenance of normal cholesterol levels.

Seroslim® is designed to help maintain a normal weight and counteract excessive calorie intake. These properties are not intended to replace a responsible and critical lifestyle, which includes an awareness of the importance of a sensible diet, but to support and supplement it.

If the absorption of these nutrients through the diet is not sufficient or there is an increased need, these nutrients can be supplemented through special food supplements.

Notes:

Food supplements are not intended as a substitute for a balanced and varied diet and a healthy lifestyle. Do not exceed the recommended daily intake. Keep out of the reach of children. Store protected from light and dry at room temperature.

The published information is not a cure and is not intended as a request or suggestion for selfmedication.

Although some of the above statements on individual micronutrients are derived from scientific studies, they have been categorised as "not yet sufficiently proven" by official authorities such as the European Food Safety Authority (EFSA), meaning that no positive effect can be confirmed. The product described here has not been conclusively evaluated by the Food and Drug Administration (FDA; USA) or the European Food Safety Authority (EFSA; Europe). This product is not intended to diagnose, treat, cure or prevent any disease.

Errors and typographical errors excepted. VBX-1-24

Ingredients:

One capsule contains:

Griffonia simplicifolia seed (containing 15 mg 5-hydroxytryptophan)	75 mg
Vitamin C	30 mg
Vitamin B1	5 mg
Vitamin B6	5 mg
Chromium (Cr)	50 mcg
Caffeine	33 mg
Guarana extract	70 mg
Green tea extract	100 mg

Other ingredients:

rice flour, magnesium stearate.

The product is vegetarian,

gluten-free, lactose-free, not genetically modified. Capsule shell vegetarian.

Recommended consumption:

Normally take 1 capsule 1 hour before breakfast with plenty of liquid.

Depending on your needs, increase the dosage up to a maximum of 2 capsules 3 times a day, 1 hour before meals.

Manufacturer



by LHP Inc.

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